Foot and Ankle Ability Measure (FAAM) Sports Subscale

Because of your foot and ankle how much difficulty do you have with:

Dodding of J									
	No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A			
Running									
Jumping									
Landing			. 🗆						
Starting and stopping quickly									
Cutting/lateral Movements					. 🗆				
Ability to perform Activity with your Normal technique									
Ability to participate In your desired sport As long as you like									
How would you rate your current level of function during your sports related activities from 0 to 100 with 100 being your level of function prior to your foot or ankle problem and 0 being the inability to perform any of your usual daily activities?									
0%									
Overall, how would	?								
□ Normal □ N	early Normal	□ Abno	ormal 🗆 S	Severely Abn	ormal				
Martin, R; Irrgang, J; Burdett	, R; Conti, S; VanSwe	aringen, J: Evide	ence of Validity for t	he Foot and Ankle	Ability Measure	e. Foot and			

Ankle International. Vol.26, No.11: 968-983, 2005.

Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale

Please Answer <u>every question</u> with <u>one response</u> that most closely describes your condition within the past week.

If the activity in question is limited by something other than your foot or ankle mark "Not Applicable" (N/A). Extreme Unable N/A No Slight Moderate Difficulty Difficulty Difficulty Difficulty to do Standing Walking on even Ground Walking on even ground without shoes Walking up hills Walking down hills Going up stairs Going down stairs Walking on uneven ground Stepping up and down curbs Squatting Coming up on your toes Walking initially Walking 5 minutes or less Walking approximately 10 minutes Walking 15 minutes or greater

Foot and Ankle Ability Measure (FAAM) Activities of Daily Living Subscale Page 2

Because of your foot and ankle how much difficulty do you have with:

Doodage of Jour 1001 miles	COLUMN WARABAGO	ALAGORIA WALLOW				
	No Difficulty at all	Slight Difficulty	Moderate Difficulty	Extreme Difficulty	Unable to do	N/A
Home responsibilities						
Activities of daily living						
Personal care			. [
Light to moderate work (standing, walking)						
Heavy work (push/pulling, climbing, carrying)						
Recreational activities						
How would you rate your living from 0 to 100 with problem and 0 being the i	100 being	your level of	f function pric	or to your fo	oot or ankl	
.0%						

Martin, R; Irrgang, J; Burdett, R; Conti, S; VanSwearingen, J: Evidence of Validity for the Foot and Ankle Ability Measure. Foot and Ankle International. Vol.26, No.11: 968-983, 2005.